

# PSYCHOLOGY, BACHELOR OF ARTS

## Requirements

### Total Course Requirements for the Bachelor's Degree

See the "Requirements for the Bachelor's Degree (<https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/>)" in the University Catalog for complete details on general degree requirements. A minimum of 40 units, including those required for the major, must be upper division.

### Elective Requirements

Completion of elective courses (beyond the requirements listed below) to reach a total of a minimum of 120 units.

### General Education Requirements (49 units)

See the "General Education (<https://catalog.csudh.edu/general-education/>)" requirements in the University Catalog or the Class Schedule for the most current information on General Education requirements and course offerings.

### Graduation Writing Assessment Requirement

See the "Graduation Writing Assessment Requirement (<https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/gwar-certifying-courses/>)" in the University Catalog.

### Minor Requirements

No minor required. Students completing this major do not need to complete a minor in another field. However, Psychology majors are encouraged to use their general elective courses to take advantage of the Skill-Building Elective Clusters described above. This will further enhance their psychology-related skills.

### Major Requirements (42 units)

The following courses, or their approved transfer equivalents, are required of all candidates for this degree.

Code	Title	Hours
<b>Core Courses</b>		
PSY 101	General Education Psychology: Understanding Human Behavior <sup>1</sup>	3
PSY 230	Elementary Statistical Analysis in Psychology <sup>1</sup>	3
PSY 235	Intro To Research Methods <sup>1</sup>	3
Select one Quantitative Methods course from the following: <sup>2</sup>		3
PSY 330	Intermediate Statistics and Research Design	
PSY 331	Measurement In Psychology	
<b>Upper Division Major Electives</b>		
Select one course from Groups 1 - 6:		
Group 1: Biopsychology:		3
PSY 240	Biopsychology	
PSY 320	Psychopharmacology	
PSY 324	Sensation & Perception	
Group 2: Cognitive:		3
PSY 312	Theories Of Learning	
PSY 322	Cognitive Psychology	

Group 3: Social Community:		3
PSY 306	Design Your Life	
PSY 340	Social Psychology: Psychological Perspective	
PSY 371	Forensic and Legal Psychology	
PSY 376	Psychology Of Gender	
PSY 380	Psychology of the Mexican American I	
PSY 383	Black Psychology	
PSY 470	Community Psychology: Issues and Practice	
Group 4: Developmental:		3
PSY 350	Child Psychology	
PSY 351	Psychology of Adolescent Experience	
PSY 352	Psychology of Adult Development and Aging	
PSY 382	Psychological Development of the Black Child	
Group 5: Individual Abnormal:		3
PSY 360	Theories Of Personality	
PSY 363	Abnormal Psychology	
PSY 368	Human Sexuality	
PSY 370	Health Psychology	
PSY 464	Introduction to Clinical Psychology	
Group 6: Select one course from groups 1-5 or from the following:		3
PSY 305	History and Systems of Psychology	
PSY 314	Behavior Modification	
PSY 342	Interpersonal and Group Dynamics	
PSY 353	The Experience of Death and Dying: Psychological Perspectives	
PSY 367	Effective Communication Skills	
PSY 372	Industrial and Organizational Psychology	
PSY 480	Sport Psychology	
PSY 494	Independent Study	
PSY 497	Seminar in Peer Advising	
PSY 498	Directed Research	
Group 7: Select one course from either Group 3, Group 4, or Group 5		3
<b>Research Experience</b>		
Select one of the following:		6
PSY 411 & PSY 412	Advanced Research Methods in Personality and Social Psychology and Research Seminar in Personality and Social Psychology	
PSY 413 & PSY 414	Advanced Research Methods in Learning and Evolutionary Psychology and Research Seminar in Learning and Evolutionary Psychology	
PSY 415 & PSY 416	Advanced Research Methods in Cognitive Psychology and Research Seminar in Cognitive Psychology	
PSY 417 & PSY 418	Advanced Research Methods in Biological Psychology and Research Seminar in Biological Psychology	
PSY 419 & PSY 420	Advanced Research Methods in Forensic and Legal Psychology and Research Seminar in Forensic and Legal Psychology	

### Senior Seminar

PSY 490	Senior Seminar Psychology	3
<b>Total Hours</b>		<b>42</b>

<sup>1</sup> Should be taken in the order listed prior to taking other courses in the major.

<sup>2</sup> Both courses listed in the Quantitative Methods section are recommended for students planning to pursue graduate Studies. PSY 230 Elementary Statistical Analysis in Psychology or MAT 131 Elementary Statistics and Probability is a prerequisite for both courses.

## Program Learning Outcomes

### Critical Understanding of Psychology

- The objective of Learning Outcome #1 is that psychology professors provide clear, up-to-date information and appropriate learning contexts so that psychology majors can describe, explain and apply knowledge in the following domains:
  - 1.1 Historical events of importance in psychology
  - 1.2 The major theories and schools of psychological thought
  - 1.3 Models of the person
  - 1.4 Basic descriptive and inferential statistics, written and oral skills, quantitative analysis, professional behavior
- The objective of Learning Outcome #2 is that psychology professors will provide opportunities to learn, and psychology majors will exhibit progress in attaining an understanding of and demonstrating the ability to do the following:
  - 2.1 Explain behavior using different psychological theories or models
  - 2.2 Use the basic terminology of the discipline
  - 2.3 Understand the general underlying logic of conducting research and have a beginning applied knowledge of how to do it. Scientific method, personal and professional ethics and values
- The objective of Learning Outcome #3 is that psychology professors will model, and thus psychology majors will (a) be exposed to the value and worth of, and (b) describe and apply the following:
  - 3.1 Scientific methods and reasoning
  - 3.2 Knowledge of individual differences and diversity, including but not limited to
    - 3.2a self and others as people with a set of skills
    - 3.2b the perspectives of others
    - 3.2c studying the causes and effects of racism, sexism and other "isms"
  - 3.3 Personal and professional ethics, including academic integrity and professional codes of behavior
  - 3.4 Consideration of education and life itself to be a process of lifelong learning
  - 3.5 Some of the skills of taking multiple perspectives and relativistic thinking, scientific method, personal and professional ethics and values

## 4- Year Roadmap

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
GE Area A2 Composition I		3
PSY 101	General Education Psychology: Understanding Human Behavior	3
HIS 101	History Of United States	3
POL 101	American Institutions	3

GE Area E Lifelong Learning and Self-Development		3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
GE Area A2 Composition II		3
PSY 230	Elementary Statistical Analysis in Psychology	3
GE Area B4 Quantitative Reasoning		3
GE Area B1 Physical Sciences OR B2 Life Sciences		3
GE Area C or D		3
<b>Hours</b>		<b>15</b>
<b>Second Year</b>		
<b>Fall</b>		
PSY 235	Intro To Research Methods	3
GE Area A1 Oral Communication		3
GE Area B1 Physical Sciences OR B2 Life Sciences		3
GE Area B3 Science Laboratory		3
GE Area C or D		3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
PSY 240	Biopsychology	3
GE Area A3 Logic/Critical Thinking		3
GE Area F Ethnic Studies		3
GE Area C or D		3
GE Area C or D		3
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>Fall</b>		
PSY 330 or PSY 331	Intermediate Statistics and Research Design or Measurement In Psychology	3
Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
GE Area C3 Integrative Studies in the Humanities		3
ENG 350	Advanced Composition (GWAR satisfying course)	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
GE Area B5 Integrative Studies in Natural Sciences		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>
<b>Fourth Year</b>		
<b>Fall</b>		
Research Experience Lecture		3
Research Experience Seminar		3
Major Elective (select one from groups 1-7)		3
GE Area D3 Integrative Studies in the Social Sciences		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
PSY 490	Senior Seminar Psychology	3
Major Elective (select one from groups 1-7)		3
Elective to meet 120 units		3
Elective to meet 120 units		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>120</b>

## 2-Year Roadmap (transfer students)

### First Year

Fall		Hours
PSY 330	Intermediate Statistics and Research Design	3
or PSY 331	or Measurement In Psychology	
Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
GE Area C3 Integrative Studies in the Humanities		3
ENG 350	Advanced Composition (GWAR satisfying course)	3
<b>Hours</b>		<b>15</b>

### Spring

Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
Major Elective (select one from groups 1-7)		3
GE Area B5 Integrative Studies in Natural Sciences		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>

### Second Year

Fall		Hours
Research Experience Lecture		3
Research Experience Seminar		3
Major Elective (select one from groups 1-7)		3
GE Area D3 Integrative Studies in the Social Sciences		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>

### Spring

PSY 490	Senior Seminar Psychology	3
Major Elective (select one from groups 1-7)		3
Elective to meet 120 units		3
Elective to meet 120 units		3
Elective to meet 120 units		3
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>60</b>