

MARITAL AND FAMILY THERAPY, MASTER OF SCIENCE

Requirements

Graduation Requirements

In addition to the major requirements, students must meet all university requirements for the master's degree, including, but not limited to, prerequisites, required coursework, practica, culminating experience, etc. Students should also consult the section of the catalog entitled "Requirements for the Master's Degree" for additional information.

The Master of Science in Marital and Family Therapy requires completion of 64 units of course work with a minimum 3.0 grade point average. The unit-load sequence is as follows:

| Code | Title | Hours |
|-------------------------|---|------------------|
| Prerequisites | | 3-9 units |
| PSY 235 | Intro To Research Methods | 3 |
| PSY 360 | Theories Of Personality | 3 |
| PSY 363 | Abnormal Psychology | 3 |
| Required Courses | | 50 units |
| MFT 520 | Group Therapy | 3 |
| MFT 530 | Community Mental Health | 3 |
| MFT 560 | Life Span, Family Development, and Aging | 3 |
| MFT 565 | Assessment in Mental Health Treatment | 3 |
| MFT 566 | Mental Health, Diagnosis, and Systemic Treatment | 3 |
| MFT 570 | Theories and Techniques of Marital and Family Therapy I | 3 |
| MFT 572 | Theories and Techniques of Marital and Family Therapy II | 3 |
| MFT 575 | Relational Therapy and Human Sexuality | 3 |
| MFT 578 | Treatment Approaches with Children and Adolescents | 3 |
| MFT 580 | Sociocultural Diversity & Marginalized Communities | 3 |
| MFT 582 | Psychopharmacology and Mental Health Treatment | 3 |
| MFT 583 | Research Methods in Marital Family Therapy | 3 |
| MFT 584 | Law, Ethics, and Professional Practices | 3 |
| MFT 585 | Treatment of Substance Use, Addiction, and Dependence | 3 |
| MFT 586 | Current Issues in Marital Family Therapy | 3 |
| MFT 588 | Treatment of Trauma with Individuals, Couples, and Families | 3 |
| MFT 589 | Advanced Therapeutic Approaches and Application | 2 |
| Practica | | 13 units |
| MFT 515 | Pre-Practicum I: Therapy Skills | 2 |
| MFT 525 | Pre-Practicum II Advanced Therapy Skills | 2 |

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| MFT 596 | Practicum: Marital Family Therapy Traineeship ¹ | 9 |
| Electives | | 0-11 units |
| MFT 400 | Foundations to Marital Family Therapy | 3 |
| MFT 576 | Human Communication, Theory, and Skill | 2 |
| MFT 590 | Career Development, Theory, and Practice | 3 |
| Capstone ² | | 1 unit |
| MFT 599 | Comprehensive Examination | 1 |
| Total Units | | 64 units |

¹ Students must take MFT 596 Practicum: Marital Family Therapy Traineeship for three consecutive semesters for a minimum of 9 units to complete a total of 300 client contact hours and 100 MFT clinical course instructor lead hours.

² In addition to the major requirements, students must meet all university requirements for the master's degree, including, but not limited to prerequisites, English and writing examinations, etc. Students should consult the section of the catalog entitled "Requirements for the Master's Degree."

Program Learning Outcomes

- PLO(PG) 1: Knowledge/Research - Apply foundational and relational knowledge from a wide range of family and systemic theories and treatment techniques that are informed by research. (SLO1; SLO 5)
- PLO(PG) 2: Diversity- Demonstrate awareness of intersectional identities and contextual influences within diverse communities, social systems, and marginalized groups in clinical practice. (SLO2; SLO3)
- PLO(PG) 3: Ethics- Apply legal, ethical, and professional standards required for clinical, systemic, and relational practice. (SLO4)
- PLO(PG) 4: Practice- Demonstrate competence in systems/relational practice according to MFT professional standards, as reflected in implementing, articulating, and writing up on clinical cases. (SLO1; SLO2; SLO3; SLO 4; SLO 5)

Student Learning Outcomes

SLO 1: Knowledge/Research - Students demonstrate working knowledge of traditional, contemporary and evidenced-based MFT theories to clinical case conceptualization and treatment planning that are informed by research.

SLO 2: Diversity- Students demonstrate how intersectional identities influence family functioning.

SLO 3: Diversity- Students self-reflect on the implications of own and others' social location in clinical practice.

SLO 4: Ethics- Students apply ethical standards, consistent with the current California MFT statutes and regulations, and the American Association of Marriage and Family Therapy Code of Ethics, in diverse clinical contexts.

SLO 5: Practice- Students implement appropriate and accurate clinical competencies and skills (e.g. biopsychosocial assessment, diagnosis, treatment planning and implementation) from a systemic/relational perspective.