

PHYSICAL EDUCATION, SUBJECT MATTER PREPARATION

The Single Field Major in Physical Education: Teaching Option serves as a waiver for the National Teacher Exam in Physical Education. Students who plan to enter the State of California Single Subject Teaching Credential Program in Physical Education must complete the Single Field Major in Physical Education: Teaching Option. Students must earn a grade of "C" or better in all courses to be given waiver credit.

Students must also complete additional requirements as listed in the Teacher Education section of this University Catalog.

Supplementary Authorization in Physical Education

This authorization is designed for individuals credentialed to teach in other subject areas in grades K-9 and wish to add Physical Education to the subjects they are credentialed to teach.

The Teaching minor, listed under "Minor Requirements," meets the State of California requirements for Supplementary Authorization in Physical Education.

Subject Matter Preparation Program in Physical Education: Dance Concentration (66 units)

A Joint Campus Program

The California State University Dominguez Hills (CSUDH)-Loyola Marymount University (LMU) Joint Campus Subject Matter Preparation Program is designed for students interested in a career teaching dance at the secondary school level. The program aligns with the Physical Education: Dance Concentration. To receive a Single Subject Credential, students must complete additional requirements listed in the Teacher Education section in this catalog.

Physical Education Course Requirements: CSUDH (45 units)

Code	Title	Hours
Lower Division Requirements		
BIO 250	Elem Hum Anat & Physiol	3
BIO 251	Elem Hum Anatomy Phys Lab	1
KIN 130	Golf	1
KIN 132	Gymnastics	1
KIN 141	Martial Arts	1
KIN 156	Swimming/All Levels	1
KIN 218	First Aid And Cpr	3
Select one from the following:		1
KIN 111	Aerobics	
KIN 142	Physical Conditioning	
KIN 171	Yoga	
Select one from the following:		1
KIN 118	Basketball	

KIN 150	Soccer/Outdoor	
KIN 152	Softball	
KIN 164	Volleyball	
KIN 114	Badminton	1
or KIN 162	Tennis	

Upper Division Requirements

KIN 300	Tests and Measurements in Physical Education	3
KIN 301	Kinesiology	3
KIN 303	Exercise Physiology	4
KIN 305	Motor Learning	3
KIN 320	History and Philosophy of Physical Education	3
KIN 330	Somatic Education	3
KIN 360	Prev & Treat Ath Injuries	3
Select one from the following:		3

KIN 425	Pe In The Elementary Sch	1
DAN 484		1
Select one from the following:		3

KIN 448	Tchg Effect Sec PE	1
DAN 484		1
Select one from the following:		2

KIN 426	Directed Teaching in Elementary Physical Education	
KIN 449	Dir Tchg In Sec PE	1
DAN 484		1

Total Hours 44

¹ Comparable courses offered at Loyola Marymount University which draw examples from dance.

Dance Concentration Course Requirements: Loyola Marymount University (LMU) (21 units)

Code	Title	Hours
Lower Division Requirements		
DAN 120	Tap Dance	1
DAN 160		2
DAN 161		2
DAN 202		2
DAN 220	Modern Dance I	2
DAN 242		2
DAN 279		2
Upper Division Requirements		
DAN 302		
DAN 381		
DAN 397		
DAN 402		
Select two from the following:		2
DAN 144		
DAN 390		
DAN 394		
DAN 396		
DAN 397		1
Recommended Coursework		

2 Physical Education, Subject Matter Preparation

Select any of the following recommended courses: 0-7

DAN 260

DAN 262

DAN 353

Total Hours 15-22

¹ May be repeated for up to two (2) units credit with different cultures selected.

DAN 384, DAN 484, and DAN 485 : Comparable courses offered at Loyola Marymount University which draw examples from dance.