

HUMAN SERVICES

College of Health, Human Services, and Nursing
Department of Human Services

For information regarding HUS program visit: <https://www.csudh.edu/human-development/human-services/>.

Mission and Goals Statement

The mission of the Human Services Department is to provide diverse members of the community with a university education that focuses on the knowledge and skills to help those in need. The Bachelor's degree in Human Services prepares students for occupations in human service settings and in social work, or for graduate training.

Program Description

The Human Services major at CSU Dominguez Hills is a single subject major (no minor required) that prepares students who earn the B.A. degree for employment in a variety of professional service careers. This major is interdisciplinary and combines courses from Human Services, Child Development, Health Sciences, Psychology, Sociology, Anthropology and other areas. It is similar to a degree in social work, and it is a great major for people who want meaningful jobs helping others and serving their communities.

Features

A unique aspect of the Human Services major is the student's involvement in actual work in the field of human services through the practicums. The practicum courses provide for on-the-job training in a variety of community settings. Fieldwork settings are provided through a wide range of government and private agencies and organizations such as mental health, family service centers, geriatric care, educational settings, the correctional system, recreation departments, alcohol and drug agencies, children services, hospitals, community group settings and many others. There are many instances when practicum experience leads to employment.

Academic Advisement

New students are required to make an appointment with an Academic Advisor for a mandatory new student workshop prior to enrolling in classes. The advisors are located in the Student Success Center (SSC), WH A-210. The SSC advisors may be reached at (310) 243-2120 / (800) 344-5484 or visit <https://www.csudh.edu/chhsn/chhsn-student-success-center/>.

Preparation

Community college transfer students are encouraged to complete general education courses and to take human biology/anatomy and statistics prior to transferring to CSUDH.

Graduation with Honors

An undergraduate student may graduate with Honors in Human Services provided that the following criteria are met:

1. A minimum grade point average of at least 3.5 in all courses used to satisfy the upper-division requirements in Human Services;
2. Recommendation by the faculty of the Human Services program.

Student Organizations

Students in the Human Services Department are eligible to join the Human Services Students Association.

Career Possibilities

The Human Services Program prepares students to work in mental health agencies, family service centers, facilities for the developmentally disabled, drug and alcohol services, geriatric care, personnel services, educational settings and other service areas. Human services workers assume many roles such as: case managers, advocates, teaching, group facilitators, outreach, mobilizers, consultants, planners, administrators, and evaluators. Students have ample opportunities to learn about community agencies and available occupations prior to graduation.

Undergraduate Programs

Bachelor

- Human Services, Bachelor of Arts (<https://catalog.csudh.edu/academics/human-services/human-services-ba/>)

Certificate

- Mental Health Recovery, Certificate (<https://catalog.csudh.edu/academics/human-services/mental-health-recovery-certificate/>)

Faculty

Phu Phan, MSW, Ph.D., Professor & Chair

Hannah Nguyen, MSW, Ph.D., Associate Professor; Annalyn Valdez-Dadia, Dr. PH, MPH, Assistant Professor; LaQuesha Robinson, Psy.D, LMFT, LPCC, Assistant Professor

Human Services (HUS) Office: Ms. Pam Curtis, ASA, SBS D-321, (310) 243-3461; email: hus@csudh.edu

Courses

HUS 195. Special Topics in Human Services. (1-3 Units)

Study of special interest for students in the selected area of study. Topic and content will vary as announced.
Offered Infrequent

HUS 295. Special Topics in Human Services. (1-3 Units)

Study of special interest for students in the selected area of study. Topic and content will vary as announced.
Offered Infrequent

HUS 300. Introduction To Human Services. (3 Units)

Introduction to human services as a profession. Exploration of social forces that contribute to human needs, issues and problems related to planning, delivering and evaluating programs. Some site visits are required.
Offered Fall, Spring

HUS 307. Principles of Mental Health Recovery. (3 Units)

Prerequisite: HUS 300. Co-requisites: HUS 380 and HUS 381. Examines the history of mental health treatment and the disparity between recent research findings and current treatment modalities. The concept of recover from mental illness will be presented with a focus on psychiatric rehabilitation (PSR) as a treatment modality support recovery.
Offered Fall, Spring

HUS 310. Helping and Professional Relationships. (3 Units)

Prerequisites: HUS 300. Co-requisites: HUS 380 and HUS 381. Course will focus on developing professional helping skills with and emphasis on ethical and professional behavior. Through research and writing in the disciplinary genres, students will develop verbal and non-verbal communication skills commonly used in the helping professions. A grade of C or better in this course fulfills the GWAR requirement for all Human Services majors.

Offered Fall, Spring

HUS 311. Interventions and Strategies of Mental Health Recovery I. (3 Units)

Prerequisites: HUS 300. Co-requisites: HUS 380 and HUS 381. Examines interventions and strategies that enhance recovery from mental illness. Tools and skills needed as a mental health practitioner will be introduced, explored and practiced during the course.

Offered Fall, Spring

HUS 315. Intercultural Communication for Human Services. (3 Units)

Prerequisite: HUS 300 is required. Course is designed to facilitate students' communication skills including becoming more sensitive to intercultural communication differences, and to provide them with the knowledge and skills that will help them interact successfully with clients, coworkers, supervisors and communities who are from different cultures.

Offered Fall, Spring

HUS 330. Human Behavior and the Social Environment. (3 Units)

Prerequisite: HUS 300. Critically applies human services theories on the assessment of human behavior in the biological, psychological and social development of people over the lifespan with special focus on diversity such as race, gender, class and disabilities.

Offered Fall, Spring, Summer

HUS 368. Interventions and Strategies of Mental Health recovery II. (3 Units)

Prerequisites: HUS 300, HUS 307 and HUS 311. Co-requisites: HUS 484 and HUS 485. This course will focus on the three major evidenced based therapies (Cognitive Behavior-CBT, Dialectical Behavioral-DBT, and Motivational Interviewing- MIT) that help people with severe and persistent mental illness.

Offered Spring

HUS 380. Fieldwork Practicum in Human Services I. (2 Units)

Corequisite: HUS 381 is required. This is the first of three supervised fieldwork experience with an emphasis on human services and educational settings. students will examine structure and functioning, observe professional relationships and discover interagency network. Students will then begin to apply their knowledge to basic level helping skills with agency clients. May not be taken concurrently with any other fieldwork courses.

Offered Fall, Spring

HUS 381. Seminar in Human Services I. (1 Units)

Corequisite: HUS 380 is required. First of three fieldwork seminar courses in Human Services, which is structured to facilitate integration of Human Services knowledge and theory with practical fieldwork application. Students will be able to examine and integrate personal and professional values and understand their personal selves as participants in professional roles. Each weekly seminar will include time to problem solve and share field experiences.

Offered Fall, Spring

HUS 390. Field Practicum in HUS II. (2 Units)

Prerequisites: HUS 300, HUS 380 and HUS 381. Co-requisites: HUS 391 and HUS 400 required. Second of three supervised fieldwork experiences with an emphasis on human services and educational settings. Students will apply their knowledge of human services theory and skills to intermediate level of helping with agency clientele. This course is taken concurrently with HUS 391 Seminar in Human Services II. May not be taken concurrently, however, with any other field work courses. CR/NC grading.

Offered Fall, Spring, Summer

HUS 391. Seminar in Human Services II. (1 Units)

Prerequisites: HUS 300, HUS 380 and HUS 381. Co-requisites: HUS 390 and HUS 400 required. Second of three fieldwork seminar courses in Human Services with is structured to facilitate integration of Human Services knowledge and theory with practical fieldwork application. Students will be able to examine and integrate personal and professional values and understand their personal selves as participants in professional roles. Each weekly seminar will include time to problem solve and share field experiences.

Offered Fall, Spring, Summer

HUS 395. Spc Topics in Human Services. (1-3 Units)

Study of a topic of interest to the Human Services profession. Topics will vary as announced but generally focus on the delivery of human services by examining theories, policies, advocacy, and methods. Three hours of lecture per week.

Offered As needed

HUS 396. Practicum in Human Services. (3 Units)

Prerequisite: HUS 300. May not be taken concurrently with any other field course. Supervised field experience, with an emphasis on human services and educational settings. Supervision emphasizes training and application of clinical, interviewing, and other helping skills, didactic methods, group techniques, methods of evaluation and/or other skills specific to fieldwork needs.

Offered As needed

HUS 400. Case Management. (3 Units)

Prerequisite: HUS 300. Co-requisites: HUS 390 and HUS 391. Models of institutional service delivery and case management systems. Principles of and critical issues in case management, including collaborative and interagency services.

Offered Fall, Spring, Summer

HUS 410. Advanced Case Management - Working with Special Populations. (3 Units)

Prerequisites: HUS 300, HUS 310, HUS 380, HUS 381, HUS 390, and HUS 400 are required. Co-requisite: HUS 480 and HUS 481 are required. Focuses on introducing students to different populations commonly seen in human services agencies. Course will address theoretical underpinnings for human services and contain the basic description of best practice that will focus the student's attention on how to carry out certain functions ethically and competently.

Offered Fall, Spring

HUS 460. Research Methods for Human Services. (3 Units)

Prerequisite: HUS 300. Elementary statistics. This course is an overview of research methods in human services, including study design, sampling data collection and analysis, statistical techniques and report writing. Also included is a critical analysis of published research and examination of relevance of data to decision making.

Offered Fall, Spring, Summer

HUS 480. Fieldwork Practicum in Human Services III. (2 Units)

Prerequisites: HUS 300, HUS 380, HUS 381, HUS 390 and HUS 391 are required. Co-requisites: HUS 410 and HUS 481 are required. Third of three supervised fieldwork experiences with an emphasis on human services and educational settings. Students will apply their knowledge of human services theory and skills at an intermediate level of helping with agency clientele. This course is taken concurrently with HUS 481 Seminar in Human Services III. May not be taken concurrently, however, with any other fieldwork courses. Students complete 180 hours in their fieldwork placement.

Offered Fall, Spring

HUS 481. Seminar in Human Services III. (1 Units)

Prerequisites: HUS 300, HUS 380, HUS 381, HUS 390 and HUS 391 are required. Co-requisites: HUS 410 and HUS 481 are required. This is the third of three fieldwork seminar courses in Human Services which is structured to facilitate integration of Human Services knowledge and theory with practical fieldwork application. Students will be able to examine and integrate personal and professional values and understand their personal selves as participants in professional roles. Each weekly seminar will include time to problem solve and share field experiences. Students must also do an oral case presentation with one of their clients. This course is taken concurrently with HUS 480 and cannot be taken concurrently with any other fieldwork course. Students complete 180 hours in their fieldwork placement.

Offered Fall, Spring

HUS 484. Practicum in MHR. (2 Units)

Prerequisites: HUS 307 and HUS 311. Co-requisites: HUS 368 and HUS 485. Supervised field experience with an emphasis on mental health recovery and working with the severely and persistently mentally ill. Students are placed in a community mental health agency where they will apply their knowledge and skills of mental health recovery. CR/NC grading.

Offered Spring

HUS 485. Seminar in Mental Health Recovery. (1 Units)

Prerequisites: HUS 307 and HUS 311. Co-requisites: HUS 368 and HUS 484. Weekly seminar course structured to facilitate the integration of mental health recovery knowledge and skills with practical field application. The seminar is designed to allow students to achieve integration of classroom learning with direct experiences in the agency setting.

Offered Spring

HUS 490. International Studies in HUS. (3 Units)

Prerequisite: HUS 300 required. The course focuses on the comparative analyses of human services policies and service between the U.S. and the host country (varies). Students will travel abroad to experience first-hand knowledge of the influences of social welfare policy on service delivery.

Offered All terms

HUS 494. Independent Study in Human Services. (1-4 Units)

Prerequisite: Consent of Instructor. A course of study designed cooperatively by student and instructor to accomplish individualized learning objectives that are appropriate to the human services profession.

Offered As needed

HUS 495. Special Topics in Human Services. (1-3 Units)

Prerequisite: Consent of instructor. Advanced course of special interest for students in the selected area of study. Topic and content will vary as announced.

Offered As needed

HUS 496. Internship in Human Services. (3-6 Units)

Prerequisites: HUS 396 Or PSY 396. May not be taken concurrently with any other fieldwork course. Survey of professional and ethical issues in the helping professions. Supervised internships in human services settings.

Offered Fall, Spring, Summer