

HUMAN SERVICES

Human Services Program Learning Outcomes (<https://catalog.csudh.edu/program-learning-outcomes/health-human-services-nursing/bachelor-arts-human-services-learning-outcomes/>)

College of Health, Human Services, and Nursing
Division of Human Development
Bachelor of Arts
Degree Roadmaps
Concentration
 Mental Health Recovery Concentration

Faculty

Phu Phan, MSW, Ph.D., Professor & Chair
 Hannah Nguyen, MSW, Ph.D., Assistant Professor
 Annalyn Valdez-Dadia, Dr. PH, MPH, Assistant Professor
 Sarah Underwood, MSW, Ph.D., Assistant Professor
 Tri Le, MSW, Full-time Lecturer
 America Islas, LMFT, Fieldwork Coordinator

Human Services (HUS) Office: Ms. Pam Curtis, ASA, EAC 902, (310) 243-3461; email: hus@csudh.edu

For information regarding HUS program visit: <https://www.csudh.edu/human-development/human-services/>.

Mission and Goals Statement

The mission of the Human Services Program is to provide diverse members of the community with a university education that focuses on the knowledge and skills to help those in need. The Bachelor's degree in Human Services prepares students for occupations in human service settings and in social work, or for graduate training.

Program Description

The Human Services major at CSU Dominguez Hills is a single subject major (no minor required) that prepares students who earn the B.A. degree for employment in a variety of professional service careers. This major is interdisciplinary and combines courses from Human Services, Child Development, Health Sciences, Psychology, Sociology, Anthropology and other areas. It is similar to a degree in social work, and it is a great major for people who want meaningful jobs helping others and serving their communities.

Features

A unique aspect of the Human Services major is the student's involvement in actual work in the field of human services through the practicums. The practicum courses provide for on-the-job training in a variety of community settings. Fieldwork settings are provided through a wide range of government and private agencies and organizations such as mental health, family service centers, geriatric care, educational settings, the correctional system, recreation departments, alcohol and drug agencies, children services, hospitals, community group settings and many others. There are many instances when practicum experience leads to employment.

Academic Advisement

New students are required to make an appointment with an Academic Advisor for a mandatory new student workshop prior to enrolling in

classes. The advisors are located in the Student Service Center (SCC), WH C-300. The SCC advisors may be reached at (310) 243-2120 / (800) 344-5484 or visit <https://www.csudh.edu/chhsn/ssc/>.

Preparation

Community college transfer students are encouraged to complete general education courses and to take human biology/anatomy and statistics prior to transferring to CSUDH.

Career Possibilities

The Human Services Program prepares students to work in mental health agencies, family service centers, facilities for the developmentally disabled, drug and alcohol services, geriatric care, personnel services, educational settings and other service areas. Human services workers assume many roles such as: case managers, advocates, teaching, group facilitators, outreach, mobilizers, consultants, planners, administrators, and evaluators. Students have ample opportunities to learn about community agencies and available occupations prior to graduation.

Graduation with Honors

An undergraduate student may graduate with Honors in Human Services provided that the following criteria are met:

1. A minimum grade point average of at least 3.5 in all courses used to satisfy the upper division requirements in Human Services;
2. Recommendation by the faculty of the Human Services program.

Student Organizations

Students in the Human Services major are eligible to join the Human Services Students Association.

Bachelor of Arts in Human Services

Total Course Requirements for the Bachelor's Degree*

See the "Requirements for the Bachelor's Degree (<https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/>)" in the University Catalog for complete details on general degree requirements. A minimum of 40 units, including those required for the major, must be upper division.

Elective Requirements

Completion of elective courses (beyond the requirements listed below) to reach a total of a minimum of 120 units.

General Education Requirements (49 units)

See the "General Education (<https://catalog.csudh.edu/general-information/double-counting-general-education-courses/general-education/>)" requirements in the University Catalog or the Class Schedule for the most current information on General Education requirements and course offerings.

Graduation Writing Assessment Requirement

See the "Graduation Writing Assessment Requirement (<https://catalog.csudh.edu/general-information/graduate-writing-examination/>)" in the University Catalog.

Minor Requirements

Single field major, no minor required or offered.

Major Requirements (57 units)

The following courses, or their approved transfer equivalents, are required of all candidates for this degree. All courses applied to the major must be satisfied with a grade of C or better.

A. Common Core Courses (15 units)**1. Interdisciplinary Courses**

MAT 131 Elementary Statistics and Probability (3)

BIO 250 Elem Hum Anat & Physiol (3)

or

BIO 254 Human Biology (3)

ANT 310 Culture & Personality: Psychological Anthropology (3)

or

ANT 389 Transmission Of Culture (3)

PSY 363 Abnormal Psychology (3)

SOC 320 The Family (3)

or

HIS 379 The Family In History (3)

2. Human Services Courses (21 units)

HUS 300 Introduction To Human Services (3)

HUS 310 Helping and Professional Relationships (3)

HUS 315 Intercultural Communication for Human Services (3)

HUS 330 Human Behavior and the Social Environment (3)

HUS 400 Case Management (3)

HUS 410 Advanced Case Management - Working with Special Populations (3)

HUS 460 Research Methods for Human Services (3)

B. Fieldwork Practicum (9 units)

HUS 380 Fieldwork Practicum in Human Services I (2)

and

HUS 381 Seminar in Human Services I (1)

HUS 390 Field Practicum in HUS II (2)

and

HUS 391 Seminar in Human Services II (1)

HUS 480 Fieldwork Practicum in Human Services III (2)

and

HUS 481 Seminar in Human Services III (1)

C. Electives (12 units)

Select four upper division courses in Child Development, Health Sciences, Human Services (could be HUS 490 International Studies in HUS (3)), Anthropology, Psychology and Sociology with the assistance of an advisor. Electives must be from two different departments.

Mental Health Recovery Option (57 units)**A. Common Core Courses****1. Interdisciplinary Courses (15 units)**

MAT 131 Elementary Statistics and Probability (3)

BIO 250 Elem Hum Anat & Physiol (3)

or

BIO 254 Human Biology (3)

ANT 310 Culture & Personality: Psychological Anthropology (3)

or

ANT 389 Transmission Of Culture (3)

PSY 363 Abnormal Psychology (3)

SOC 320 The Family (3)

or

HIS 379 The Family In History (3)

2. Human Services Courses (21 units)

HUS 300 Introduction To Human Services (3)

HUS 310 Helping and Professional Relationships (3)

HUS 315 Intercultural Communication for Human Services (3)

HUS 330 Human Behavior and the Social Environment (3)

HUS 400 Case Management (3)

HUS 410 Advanced Case Management - Working with Special Populations (3)

HUS 460 Research Methods for Human Services (3)

B. Fieldwork Practicum (9 units)

HUS 380 Fieldwork Practicum in Human Services I (2)

and

HUS 381 Seminar in Human Services I (1)

HUS 390 Field Practicum in HUS II (2)

and

HUS 391 Seminar in Human Services II (1)

HUS 484 Practicum in MHR (2)

and

HUS 485 Seminar in Mental Health Recovery (1)

C. Required Mental Health Recovery Courses (9 units)

HUS 307 Principles of Mental Health Recovery (3)

HUS 311 Interventions and Strategies of Mental Health Recovery I (3)

HUS 368 Interventions and Strategies of Mental Health recovery II (3)

D. Electives (3 units)

Select an upper division elective from Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an Academic Advisor.

Certificate in Mental Health Recovery (12 units)

Program Description

Human Services offers a 12 unit certificate program to prepare individuals to enter the field of Mental Health Recovery. There is a growing demand for individuals to be trained in Mental Health Recovery theory and interventions in the mental health arena.

The field of mental health services delivery is changing with new requirements for training and knowledge in Mental Health Recovery. Included in the course of study are principles of mental health recovery, intervention and strategies, and supervised practicum field experience which will allow individuals an opportunity to apply their knowledge of mental health recovery.

Eligibility Requirements

1. Completion of Elementary Statistics with a grade of C or better.

Career Possibilities

Individuals successfully completing the certificate program will be prepared for entry level positions in community mental health clinics, counseling centers, in-patient mental health hospitals, out-patient mental health centers, youth crisis shelters, substance abuse counseling and other mental health related fields which require mental health recovery knowledge and skills.

Requirements (12 units)

HUS 307 Principles of Mental Health Recovery (3)

HUS 311 Interventions and Strategies of Mental Health Recovery I (3)

HUS 368 Interventions and Strategies of Mental Health recovery II (3)

HUS 484 Practicum in MHR (2)

and

HUS 485 Seminar in Mental Health Recovery (1)