HUMAN SERVICES, BACHELOR OF ARTS

Requirements

Total Course Requirements for the Bachelor's Degree

See the "Requirements for the Bachelor's Degree (https://catalog.csudh.edu/undergraduate-degree-requirements-policies-standards/requirements/)" in the University Catalog for complete details on general degree requirements. A minimum of 40 units, including those required for the major, must be upper division.

Elective Requirements

Completion of elective courses (beyond the requirements listed below) to reach a total of a minimum of 120 units.

General Education Requirements (43 units)

See the "General Education (https://catalog.csudh.edu/undergraduate-degree-requirements-policies-standards/general-education/)" requirements in the University Catalog or the Class Schedule for the most current information on General Education requirements and course offerings.

Graduation Writing Assessment Requirement (3 Units)

See the "Graduation Writing Assessment Requirement (https://catalog.csudh.edu/undergraduate-degree-requirements-policies-standards/requirements/#gwartext)" section in the University Catalog.

Statutory Requirements: United States History, Constitution and American Ideals (6 Units)

See the "Statutory Requirements (https://catalog.csudh.edu/undergraduate-degree-requirements-policies-standards/requirements/#statutoryrequirementstext)" section in the University Catalog.

Minor Requirements

Single field major, no minor required or offered.

Major Requirements (57 units)

The following courses, or their approved transfer equivalents, are required of all candidates for this degree. All courses applied to the major must be satisfied with a grade of C or better.

Code	Title	Hours
Common Core Courses		
Interdisciplinary Courses:		
MAT 131	Elementary Statistics and Probability	3
BIO 250	Elem Hum Anat & Physiol	3
or BIO 254	Human Biology	
ANT 310	Culture & Personality: Psychological Anthropology	3
or ANT 389	Transmission Of Culture	
PSY 363	Abnormal Psychology	3
SOC 320	The Family	3
or HIS 379	The Family In History	
Human Services Courses:		
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practicum		
HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3
HUS 390 & HUS 391	Field Practicum in HUS II and Seminar in Human Services II	3
HUS 480 & HUS 481	Fieldwork Practicum in Human Services III and Seminar in Human Services III	3
Electives		
Select four upper division courses in Child Development, Health Sciences, Human Services, Anthropology, Psychology and Sociology with the assistance of an advisor. Electives must be from two different departments. [1]		12
Total Hours		**57**

[1] Could be HUS 490 International Studies in HUS

Mental Health Recovery Option (57 units)

Code	Title	Hours
Common Core Courses		
Interdisciplinary Courses:		
MAT 131	Elementary Statistics and Probability	3
BIO 250	Elem Hum Anat & Physiol	3
or BIO 254	Human Biology	
ANT 310	Culture & Personality: Psychological Anthropology	3
or ANT 389	Transmission Of Culture	
PSY 363	Abnormal Psychology	3
SOC 320	The Family	3
or HIS 379	The Family In History	
Human Services Courses:		
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practicum		
HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3
HUS 390 & HUS 391	Field Practicum in HUS II and Seminar in Human Services II	3
HUS 484 & HUS 485	Practicum in MHR and Seminar in Mental Health Recovery	3
Required Mental Health Recovery Courses		
HUS 307	Principles of Mental Health Recovery	3
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 368	Interventions and Strategies of Mental Health recovery II	3

Electives	
Select an upper division elective from Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an Academic Advisor.	3
Total Hours	**57**

- Display ability to assess, plan, implement and evaluate human services as they apply to target populations of individuals, groups and organizations.
- Use psychological, sociological, behavioral theory concepts and models to promote prevention, maintenance, rehabilitation and healthy human functioning.
- Access, interpret and present research findings to clients colleagues or other members of related service fields.
- Critically examine how historical and current political, legislative and economic climate impacts the practice of human services.
- Apply ethical and professional standards to the practice of human services.
- Demonstrate ability to affect social change through advocacy work at all levels of society.
- Integrate cultural values, knowledge and practice skills.

(B.A.) Human Services Roadmaps

4- Year Roadmap

4- Year Roadmap

First Year		
Fall		**Hours**
GE Area 1A English Composition		3
GE Area 2 Mathematical Concepts & Quantitative Reasoning		3
GE Area 4A Perspectives on Individual, Groups, and Society		3
GE Area 3A Arts		3
GE Area 6 Ethnic Studies		3
	Hours	**15**
Spring		
GE Area 1C Oral Communication		3
GE Area 5A Physical Sciences		3
3 units to reach 120		3
GE Area 3B Humanities		3
GE Area 1B Critical Thinking		3
	Hours	**15**
Second Year		
Fall		
GE Area 5B Biological Science		3
GE Area 5C Laboratory		1
3 units to meet 120 units		3
GE Area 4B Global and Historical Perspectives		3
U.S. History (HIS 101)		3
3 units to reach 120		3
	Hours	**16**
Spring		
BIO 250 or BIO 254	Elem Hum Anat & Physiol or Human Biology	3
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
Elective to meet 120 units		3
POL 101	American Institutions	3
	Hours	**18**
Third Year		
Fall		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 330	Human Behavior and the Social Environment	3
HUS 315 Intercultural Communication for Human Services		3
PSY 363	Abnormal Psychology	3
	Hours	**15**
Spring		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 460	Research Methods for Human Services	3
GE Area 4 UD Integrative Studies in the Social & Behavioral Sciences		3
Major Elective		3
	Hours	**15**
Fourth Year		
Fall		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 480	Fieldwork Practicum in Human Services III	2
HUS 481	Seminar in Human Services III	1
GE Area 5UD Integrative Studies in the Physical & Biological Sciences		3
Major Elective		3
Major Elective		3
	Hours	**15**
Spring		
Major Elective		3
GE Area 3UD Integrative Studies in the Arts and Humanities		3
3 units to reach 120 units		3
3 units to reach 120 units		3
2 units to reach 120 units		2
	Hours	**14**
	Total Hours	**123**

2-Year Roadmap (transfer students)

First Year		
Fall		**Hours**
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
GE Area 4UD Integrative Studies in the Social & Behavioral Sciences		3
	Hours	**15**
Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
GE Area 5UD Integrative Studies in the Physical & Biological Sciences		3
	Hours	**15**
Second Year		
Fall		
HUS 400	Case Management	3

HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 460	Research Methods for Human Services	3
Major Elective		3
Major Elective		3
	Hours	**15**
Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 480	Fieldwork Practicum in Human Services III	2
HUS 481	Seminar in Human Services III	1
GE Area 3UD Integrative Studies in the Arts and Humanities		3
Major Elective		3
Major Elective		3
	Hours	**15**
	Total Hours	**60**

Mental Health Recovery Option Roadmaps

4- Year Roadmap

4- Year Roadmap

First Year

Fall		**Hours**
GE Area 1A English Composition		3
GE Area 2 Mathematical Concepts & Quantitative Reasoning		3
GE Area 4A Perspectives on Individuals, Groups, and Society		3
GE Area 3A Arts		3
GE Area 6 Ethnic Studies		3
	Hours	**15**
Spring		
GE Area 1C Oral Communication		3
GE Area 5A Physical Sciences		3
3 units to reach 120		3
GE Area 3B Humanities		3
GE Area 1B Critical Thinking		3
	Hours	**15**
Second Year		
Fall		
GE Area 5B Biological Science		3
GE Area 5C Laboratory		1
3 units to reach 120 units		3
GE Area 4B Global and Historical Perspectives		3
HIS 101	History Of United States	3
3 units to reach 120 units		3
	Hours	**16**
Spring		
POL 101	American Institutions	3
BIO 250 or 254		3
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
	Hours	**15**
Third Year		
Fall		
HUS 310	Helping and Professional Relationships	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 307	Principles of Mental Health Recovery	3
HUS 330 Human Behavior and the Social Environment		3
HUS 315 Intercultural Communication for Human Services		3
	Hours	**15**
Spring		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 460	Research Methods for Human Services	3
PSY 363 Abnormal Psychology		3
	Hours	**15**
Fourth Year		
Fall		
GE Area 4UD Integrative Studies in the Social & Behavioral Sciences		3
GE Area 3UD Integrative studies in the Arts and Humanities		3
Major Elective		3
3 units to reach 120 units		3
3 units to reach 120 units		3
	Hours	**15**
Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 484	Practicum in MHR	2
HUS 485	Seminar in Mental Health Recovery	1
HUS 368	Interventions and Strategies of Mental Health recovery II	3
GE Area 5UD Integrative Studies in the Physical & Biological Sciences		3
2 units to reach 120 units		2
	Hours	**14**
	Total Hours	**120**

2-Year Roadmap (transfer students)

2-Year Roadmap (transfer students)

First Year

Fall		**Hours**
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
GE Area 4UD Integrative Studies in the Social & Behavioral Science		3
	Hours	**15**
Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380 or 2	Fieldwork Practicum in Human Services I (HUS 380 and HUS 381 must be taken concurrently with HUS 310) or	2
HUS 381	Seminar in Human Services I	1
HUS 307	Principles of Mental Health Recovery	3
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
	Hours	**15**
Second Year		
Fall		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II (HUS 390 and HUS 391 must be taken concurrently with HUS 400)	2
HUS 391	Seminar in Human Services II	1
HUS 311	Interventions and Strategies of Mental Health Recovery I	3

HUS 460	Research Methods for Human Services	3
GE Area 5UD Integrative Studies in the Physical and Biological Sciences		3
	Hours	**15**
Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 484	Practicum in MHR (HUS 484 and HUS 485 must be taken concurrently with HUS 410)	2
HUS 485	Seminar in Mental Health Recovery	1
HUS 368	Interventions and Strategies of Mental Health recovery II	3
GE Area 3UD Integrative Studies in the Arts and Humanities		3
Major Elective		3
	Hours	**15**
	Total Hours	**60**