

HUMAN SERVICES, BACHELOR OF ARTS

Requirements

Total Course Requirements for the Bachelor's Degree

See the "Requirements for the Bachelor's Degree (<https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/>)" in the University Catalog for complete details on general degree requirements. A minimum of 40 units, including those required for the major, must be upper division.

Elective Requirements

Completion of elective courses (beyond the requirements listed below) to reach a total of a minimum of 120 units.

General Education Requirements (49 units)

See the "General Education (<https://catalog.csudh.edu/general-education/>)" requirements in the University Catalog or the Class Schedule for the most current information on General Education requirements and course offerings.

Graduation Writing Assessment Requirement

See the "Graduation Writing Assessment Requirement (<https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/gwar-certifying-courses/>)" in the University Catalog.

Minor Requirements

Single field major, no minor required or offered.

Major Requirements (57 units)

The following courses, or their approved transfer equivalents, are required of all candidates for this degree. All courses applied to the major must be satisfied with a grade of C or better.

Code	Title	Hours
Common Core Courses		
Interdisciplinary Courses:		
MAT 131	Elementary Statistics and Probability	3
BIO 250 or BIO 254	Elem Hum Anat & Physiol Human Biology	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
SOC 320 or HIS 379	The Family The Family In History	3
Human Services Courses:		
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practicum		

HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3
HUS 390 & HUS 391	Field Practicum in HUS II and Seminar in Human Services II	3
HUS 480 & HUS 481	Fieldwork Practicum in Human Services III and Seminar in Human Services III	3
Electives		
Select four upper division courses in Child Development, Health Sciences, Human Services, Anthropology, Psychology and Sociology with the assistance of an advisor. Electives must be from two different departments. ¹		12
Total Hours		57

¹ Could be HUS 490 International Studies in HUS

Mental Health Recovery Option (57 units)

Code	Title	Hours
Common Core Courses		
Interdisciplinary Courses:		
MAT 131	Elementary Statistics and Probability	3
BIO 250 or BIO 254	Elem Hum Anat & Physiol Human Biology	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
SOC 320 or HIS 379	The Family The Family In History	3
Human Services Courses:		
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practicum		
HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3
HUS 390 & HUS 391	Field Practicum in HUS II and Seminar in Human Services II	3
HUS 484 & HUS 485	Practicum in MHR and Seminar in Mental Health Recovery	3
Required Mental Health Recovery Courses		
HUS 307	Principles of Mental Health Recovery	3
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 368	Interventions and Strategies of Mental Health recovery II	3
Electives		
Select an upper division elective from Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an Academic Advisor.		3
Total Hours		57

Program Learning Outcomes

1. Display ability to assess, plan, implement and evaluate human services as they apply to target populations of individuals, groups and organizations.
2. Use psychological, sociological, behavioral theory concepts and models to promote prevention, maintenance, rehabilitation and healthy human functioning.
3. Access, interpret and present research findings to clients colleagues or other members of related service fields
4. Critically examine how historical and current political, legislative and economic climate impacts the practice of human services
5. Apply ethical and professional standards to the practice of human services.
6. Demonstrate ability to affect social change through advocacy work at all levels of society
7. Integrate cultural values, knowledge and practice skills

(B.A.) Human Services Roadmaps

4- Year Roadmap

Course	Title	Hours
First Year		
Fall		
GE Area A2 Written Communication		3
GE Area B2 Life Science		3
GE Area B3 Science Laboratory		1
GE Area C1 Arts Courses		3
GE Area D1 Perspectives on Individual, Groups, and Society		3
GE Area E Lifelong Learning and Self-Development		3
Hours		16
Spring		
HIS 101	History Of United States	3
GE Area B1 Physical Science		3
MAT 131	Elementary Statistics and Probability (satisfies GE area B4)	3
GE Area C2 Letters Course		3
GE Area D2 Global and Historical Perspectives		3
Hours		15
Second Year		
Fall		
GE Area A1 Oral Communication		3
Additional GE in Area C1 or C2		3
BIO 250 or BIO 254	Elem Hum Anat & Physiol or Human Biology	3
POL 101	American Institutions	3
Elective to meet 120 units		3
Hours		15
Spring		
GE Area A3 Logic/Critical Thinking		3
GE Area F Ethnic Studies		3
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
Hours		15
Third Year		
Fall		
PSY 363	Abnormal Psychology	3
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3

HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 330	Human Behavior and the Social Environment	3
Elective to meet 120 units		3
Hours		15
Spring		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 460	Research Methods for Human Services	3
GE Area B5 Integrative Studies in Natural Sciences		3
HUS 315	Intercultural Communication for Human Services	3
Hours		15
Fourth Year		
Fall		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 480	Fieldwork Practicum in Human Services III	2
HUS 481	Seminar in Human Services III	1
GE Area D3 Integrative Studies in the Social Sciences		3
Major Elective		3
Elective to meet 120 units		2
Hours		14
Spring		
Major Elective		3
Elective to meet 120 units		3
GE Area C3 Integrative Studies in the Humanities		3
Major Elective		3
Major Elective		3
Hours		15
Total Hours		120

2-Year Roadmap (transfer students)

Course	Title	Hours
First Year		
Fall		
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
GE Area B5 Integrative Studies in Natural Sciences		3
Hours		15
Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
GE Area D3 Integrative Studies in the Social Sciences		3
Hours		15
Second Year		
Fall		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 460	Research Methods for Human Services	3
Major Elective		3
Major Elective		3
Hours		15

Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 480	Fieldwork Practicum in Human Services III	2
HUS 481	Seminar in Human Services III	1
GE Area C3 Integrative Studies in the Humanities		3
Major Elective		3
Major Elective		3
Hours		15
Total Hours		60

Mental Health Recovery Option Roadmaps

4- Year Roadmap

Course	Title	Hours
First Year		
Fall		
GE Area A2 Written Communication		3
GE Area B2 Life Science		3
GE Area B3 Science Laboratory		1
GE Area C1 Arts Courses		3
GE Area D1 Perspectives on Individuals, Groups, and Society		3
GE Area E Lifelong Learning and Self-Development		3
Hours		16

Spring		
HIS 101	History Of United States	3
GE Area B1 Physical Science		3
MAT 131	Elementary Statistics and Probability (GE Area B4)	3
GE Area C2 Letters Course		3
GE Area D2 Global and Historical Perspectives		3
Hours		15

Second Year		
Fall		
GE Area A1 Oral Communication		3
Additional GE in Area C1 or C2		3
BIO 250 or BIO 254	Elem Hum Anat & Physiol or Human Biology	3
POL 101	American Institutions	3
Elective to meet 120 units		3
Hours		15

Spring		
GE Area A3 Logic/Critical Thinking		3
GE Area F Ethnic Studies		3
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
Hours		15

Third Year		
Fall		
PSY 363	Abnormal Psychology	3
HUS 310	Helping and Professional Relationships	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 307	Principles of Mental Health Recovery	3
GE Area B5 Integrative Studies in Natural Sciences		3
Hours		15

Spring		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1

HUS 330	Human Behavior and the Social Environment	3
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 315	Intercultural Communication for Human Services	3
Hours		15

Fourth Year

Fall		
HUS 460	Research Methods for Human Services	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 484	Practicum in MHR	2
HUS 485	Seminar in Mental Health Recovery	1
HUS 368	Interventions and Strategies of Mental Health recovery II	3
GE Area D3 Integrative Studies in the Social Sciences		3
Hours		15

Spring		
GE Area C3 Integrative Studies in the Humanities		3
Major Elective		3
Elective to meet 120 units		3
Elective to meet 120 units		3
Elective to meet 120 units		2
Hours		14
Total Hours		120

2-Year Roadmap (transfer students)

Course	Title	Hours
First Year		
Fall		
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
PSY 363	Abnormal Psychology	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
SBS 318	Cultural Pluralism: (satisfies GE Area D3)	3
Hours		15

Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I (HUS 380 and HUS 381 must be taken concurrently with HUS 310)	2
HUS 381	Seminar in Human Services I	1
HUS 307	Principles of Mental Health Recovery	3
HUS 460	Research Methods for Human Services	3
GE Area B5 Integrative Studies in Natural Sciences		3
Hours		15

Second Year		
Fall		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II (HUS 390 and HUS 391 must be taken concurrently with HUS 400)	2
HUS 391	Seminar in Human Services II	1
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
Hours		15

Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3

HUS 484	Practicum in MHR (HUS 484 and HUS 485 must be taken concurrently with HUS 410)	2
HUS 485	Seminar in Mental Health Recovery	1
HUS 368	Interventions and Strategies of Mental Health recovery II	3
GE Area C3 Integrative Studies in the Humanities		3
Major Elective		3
Hours		15
Total Hours		60