57

HUMAN SERVICES, BACHELOR OF ARTS

Requirements

Total Course Requirements for the Bachelor's Degree

See the "Requirements for the Bachelor's Degree (https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/)" in the University Catalog for complete details on general degree requirements. A minimum of 40 units, including those required for the major, must be upper division.

Elective Requirements

Completion of elective courses (beyond the requirements listed below) to reach a total of a minimum of 120 units.

General Education Requirements (49 units)

See the "General Education (https://catalog.csudh.edu/general-education/)" requirements in the University Catalog or the Class Schedule for the most current information on General Education requirements and course offerings.

Graduation Writing Assessment Requirement

See the "Graduation Writing Assessment Requirement (https://catalog.csudh.edu/general-information/baccalaureate-degrees-undergraduate-studies/gwar-certifying-courses/)" in the University Catalog.

Minor Requirements

Single field major, no minor required or offered.

Major Requirements (57 units)

The following courses, or their approved transfer equivalents, are required of all candidates for this degree. All courses applied to the major must be satisfied with a grade of C or better.

Code	Title	Hours
Common Core Co	ourses	
Interdisciplinary	Courses:	
MAT 131	Elementary Statistics and Probability	3
BIO 250	Elem Hum Anat & Physiol	3
or BIO 254	Human Biology	
ANT 310	Culture & Personality: Psychological Anthropolog	у 3
or ANT 389	Transmission Of Culture	
PSY 363	Abnormal Psychology	3
SOC 320	The Family	3
or HIS 379	The Family In History	
Human Services	Courses:	
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practic	cum	

Total Hours		57
Sciences, Human	division courses in Child Development, Health Services, Anthropology, Psychology and Sociology ce of an advisor. Electives must be from two ents. ¹	12
Electives		
HUS 480 & HUS 481	Fieldwork Practicum in Human Services III and Seminar in Human Services III	3
HUS 390 & HUS 391	Field Practicum in HUS II and Seminar in Human Services II	3
HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3

¹ Could be HUS 490 International Studies in HUS

Mental Health Recovery Option (57 units)

Code	Title	Hours
Common Core Co	urses	
Interdisciplinary (Courses:	
MAT 131	Elementary Statistics and Probability	3
BIO 250	Elem Hum Anat & Physiol	3
or BIO 254	Human Biology	
ANT 310	Culture & Personality: Psychological Anthropolog	у 3
or ANT 389	Transmission Of Culture	
PSY 363	Abnormal Psychology	3
SOC 320	The Family	3
or HIS 379	The Family In History	
Human Services	Courses:	
HUS 300	Introduction To Human Services	3
HUS 310	Helping and Professional Relationships	3
HUS 315	Intercultural Communication for Human Services	3
HUS 330	Human Behavior and the Social Environment	3
HUS 400	Case Management	3
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fieldwork Practic	um	
HUS 380 & HUS 381	Fieldwork Practicum in Human Services I and Seminar in Human Services I	3
HUS 390	Field Practicum in HUS II	3
& HUS 391	and Seminar in Human Services II	
HUS 484 & HUS 485	Practicum in MHR and Seminar in Mental Health Recovery	3
Required Mental	Health Recovery Courses	
HUS 307	Principles of Mental Health Recovery	3
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 368	Interventions and Strategies of Mental Health recovery II	3
Electives		
Sciences, Anthrop	ivision elective from Child Development, Health pology, Psychology, and Sociology with the Academic Advisor.	3

Total Hours

Program Learning Outcomes

- Display ability to assess, plan, implement and evaluate human services as they apply to target populations of individuals, groups and organizations.
- Use psychological, sociological, behavioral theory concepts and models to promote prevention, maintenance, rehabilitation and healthy human functioning.
- 3. Access, interpret and present research findings to clients colleagues or other members of related service fields
- 4. Critically examine how historical and current political, legislative and economic climate impacts the practice of human services
- Apply ethical and professional standards to the practice of human services.
- 6. Demonstrate ability to affect social change through advocacy work at all levels of society
- 7. Integrate cultural values, knowledge and practice skills

(B.A.) Human Services Roadmaps

4- Year Roadmap

Course

oouisc	ride	Hours
First Year		
Fall		
GE Area A2 Written Co	mmunication	3
GE Area B2 Life Science	ce	3
GE Area B3 Science La	aboratory	1
GE Area C1 Arts Cours	es	3
GE Area D1 Perspectiv	res on Individual, Groups, and Society	3
GE Area E Lifelong Lea	arning and Self-Development	3
	Hours	16
Spring		
HIS 101	History Of United States	3
GE Area B1 Physical S	cience	3
MAT 131	Elementary Statistics and Probability (satisfies GE area B4)	3
GE Area C2 Letters Co	urse	3
GE Area D2 Global and	Historical Perspectives	3
	Hours	15
Second Year		
Fall		
GE Area A1 Oral Comm	nunication	3
Additional GE in Area (C1 or C2	3
BIO 250	Elem Hum Anat & Physiol	3
or BIO 254	or Human Biology	
POL 101	American Institutions	3
Elective to meet 120 u	nits	3
	Hours	15
Spring		
GE Area A3 Logic/Criti	cal Thinking	3
GE Area F Ethnic Studi	ies	3
HUS 300	Introduction To Human Services	3
SOC 320	The Family	3
or HIS 379	or The Family In History	
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
	Hours	15
Third Year		
Fall		
PSY 363	Abnormal Psychology	3
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3

	Total Hours	120
	Hours	15
Major Elective		3
Major Elective		3
GE Area C3 Integrative Stu	dies in the Humanities	3
Elective to meet 120 units		3
Major Elective		3
Spring	nouis	14
Liective to meet 120 units	Hours	14
Elective to meet 120 units		2
Major Elective	idies iii tile Social Sciences	3
	idies in the Social Sciences	3
HUS 481	Seminar in Human Services III	1
HUS 480	Populations Fieldwork Practicum in Human Services III	2
HUS 410	Advanced Case Management - Working with Special	3
Fourth Year Fall		
Formath Work	Hours	15
HUS 315	Intercultural Communication for Human Services	3
GE Area B5 Integrative Stu		3
HUS 460	Research Methods for Human Services	3
HUS 391	Seminar in Human Services II	1
HUS 390	Field Practicum in HUS II	2
HUS 400	Case Management	3
Spring	Hours	15
Elective to meet 120 units	Hours	15
Elective to meet 120 units		3
HUS 381 HUS 330	Seminar in Human Services I Human Behavior and the Social Environment	1
HUS 380		2

2-Year Roadmap (transfer students)

Hours

Hours

Course	Title	Hours
First Year		
Fall		
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
PSY 363	Abnormal Psychology	3
GE Area B5 Integrative	Studies in Natural Sciences	3
	Hours	15
Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I	2
HUS 381	Seminar in Human Services I	1
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
GE Area D3 Integrative	Studies in the Social Sciences	3
	Hours	15
Second Year		
Fall		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II	2
HUS 391	Seminar in Human Services II	1
HUS 460	Research Methods for Human Services	3
Major Elective		3
Major Elective		3

15

	Total Hours	60
	Hours	15
Major Elective		3
Major Elective		3
GE Area C3 Integrative	e Studies in the Humanities	3
HUS 481	Seminar in Human Services III	1
HUS 480	Fieldwork Practicum in Human Services III	2
HUS 410	Advanced Case Management - Working with Special Populations	3
Spring		

Mental Health Recovery Option Roadmaps 4- Year Roadmap

	Title	Hours
First Year		
Fall		
GE Area A2 Written C	communication	3
GE Area B2 Life Scien	nce	3
GE Area B3 Science Laboratory		1
GE Area C1 Arts Coul	GE Area C1 Arts Courses	
GE Area D1 Perspect	ives on Individuals, Groups, and Society	3
GE Area E Lifelong Le	earning and Self-Development	3
	Hours	16
Spring		
HIS 101	History Of United States	3
GE Area B1 Physical	Science	3
MAT 131	Elementary Statistics and Probability (GE Area B4)	3
GE Area C2 Letters C	ourse	3
GE Area D2 Global ar	nd Historical Perspectives	3
	Hours	15
Second Year	Tiouio	
Fall		
GE Area A1 Oral Com	munication	2
Additional GE in Area		3
	. • . • . •	3
BIO 250 or BIO 254	Elem Hum Anat & Physiol or Human Biology	3
POL 101	American Institutions	3
Elective to meet 120		3
Liective to illeet 120	units	3
	Hause	15
On single	Hours	15
Spring		
GE Area A3 Logic/Cri	tical Thinking	3
GE Area A3 Logic/Cri GE Area F Ethnic Stu	tical Thinking dies	3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300	tical Thinking dies Introduction To Human Services	3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320	tical Thinking dies Introduction To Human Services The Family	3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379	tical Thinking dies Introduction To Human Services The Family or The Family In History	3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology	3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture	3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology	3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture	3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours	3 3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology	3 3 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I Principles of Mental Health Recovery	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307 GE Area B5 Integration	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I Principles of Mental Health Recovery	3 3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307 GE Area B5 Integration	dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I Principles of Mental Health Recovery ve Studies in Natural Sciences Hours	3 3 3 3 15 3 3 2 1 1 3 3 3
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307 GE Area B5 Integrativ Spring HUS 400	tical Thinking dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I Principles of Mental Health Recovery ye Studies in Natural Sciences Hours Case Management	3 3 3 3 15
GE Area A3 Logic/Cri GE Area F Ethnic Stu HUS 300 SOC 320 or HIS 379 ANT 310 or ANT 389 Third Year Fall PSY 363 HUS 310 HUS 380 HUS 381 HUS 307 GE Area B5 Integration	dies Introduction To Human Services The Family or The Family In History Culture & Personality: Psychological Anthropology or Transmission Of Culture Hours Abnormal Psychology Helping and Professional Relationships Fieldwork Practicum in Human Services I Seminar in Human Services I Principles of Mental Health Recovery ve Studies in Natural Sciences Hours	3 3 3 3 15

	Total Hours	120
	Hours	14
Elective to meet 120 units		2
Elective to meet 120 units		3
Elective to meet 120 units		3
Major Elective		3
GE Area C3 Integrative Stu	dies in the Humanities	3
Spring		
	Hours	15
GE Area D3 Integrative Stu	idies in the Social Sciences	3
	II	
HUS 368	Interventions and Strategies of Mental Health recovery	3
HUS 485	Seminar in Mental Health Recovery	1
HUS 484	Practicum in MHR	2
HUS 410	Advanced Case Management - Working with Special Populations	3
HUS 460	Research Methods for Human Services	3
Fall		
Fourth Year		
	Hours	15
HUS 315	Intercultural Communication for Human Services	3
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 330	Human Behavior and the Social Environment	3

2-Year Roadmap (transfer students)

Course	Title	Hours
First Year		
Fall		
HUS 300	Introduction To Human Services	3
SOC 320 or HIS 379	The Family or The Family In History	3
PSY 363	Abnormal Psychology	3
ANT 310 or ANT 389	Culture & Personality: Psychological Anthropology or Transmission Of Culture	3
SBS 318	Cultural Pluralism: (satisfies GE Area D3)	3
	Hours	15
Spring		
HUS 310	Helping and Professional Relationships (GWAR satisfying course)	3
HUS 380	Fieldwork Practicum in Human Services I (HUS 380 and HUS 381 must be taken concurrently with HUS 310)	2
HUS 381	Seminar in Human Services I	1
HUS 307	Principles of Mental Health Recovery	3
HUS 460	Research Methods for Human Services	3
GE Area B5 Integrative Stu	dies in Natural Sciences	3
	Hours	15
Second Year Fall		
HUS 400	Case Management	3
HUS 390	Field Practicum in HUS II (HUS 390 and HUS 391 must be taken concurrently with HUS 400)	2
HUS 391	Seminar in Human Services II	1
HUS 311	Interventions and Strategies of Mental Health Recovery I	3
HUS 330	Human Behavior and the Social Environment	3
HUS 315	Intercultural Communication for Human Services	3
	Hours	15
Spring		
HUS 410	Advanced Case Management - Working with Special Populations	3

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HUS 484	Practicum in MHR (HUS 484 and HUS 485 must be taken concurrently with HUS 410)	2
HUS 485	Seminar in Mental Health Recovery	1
HUS 368	Interventions and Strategies of Mental Health recovery	3
GE Area C3 Integrative St	udies in the Humanities	3
Major Elective		3
	Hours	15
	Total Hours	60